



# SIPSCON 2025



41<sup>st</sup> Annual Conference of the  
**Branch of Indian Psychiatric Society (Kerala)**

**THEME: Changing Landscape of Psychiatry**



**DATE: 22th to 24th August 2025**

**VENUE: Hotel TIARA, Kozhikode**



Organized by :  
**IPS Kerala State Branch and Calicut Psychiatric Guild**



Dear colleagues,

The organizing committee warmly welcomes you to the Annual Conference of the Indian Psychiatric Society – Kerala State Branch (IPS-KSB), SIPSCON-2025, to be held at the Tiara Hotel, Kozhikode, from August 22 to 24, 2025. The theme of the conference is "Changing Landscape of Psychiatry." The conference aims to navigate the evolving landscape of psychiatric etiological research, diagnostic dilemmas, practice challenges, opportunities for young professionals, and the intersection with the law. The conference will be an enriching experience, whether you are a clinician, researcher, academician, student, or a young career psychiatrist.

We welcome you to the City of Literature, Kozhikode, where we will script a new chapter in the history of Kerala Psychiatry.

**Dr. Sabu Rahiman**  
Organising Chairman

**Dr. Rajmohan Velayudhan**  
Organising Secretary  
Mob: 87142 63950  
drrajmohanvelayudhan@gmail.com

**For registration visit : [www.sipscon2025.com](http://www.sipscon2025.com)**

## OFFICE BEARERS - IPS KERALA STATE BRANCH

President	: <b>Dr. Mohan Sundaram</b>	Vice President	: <b>Dr. Anoop Vincent</b>
Hon. Secretary	: <b>Dr. Anees Ali</b>	Hon. Treasurer	: <b>Dr. T. C. Vishnu</b>
Hon. Editor	: <b>Dr. Rajmohan Velayudhan</b>	Imm. Past President	: <b>Dr. K. P. Jayaprakashan</b>
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Representative to South Zone	: <b>Dr. Radhakrishnan M. P.</b>		

## EXECUTIVE COMMITTEE MEMBERS

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<b>Dr. Dayal Narayan</b>	<b>Dr. Mohan Roy G</b>	<b>Dr. Sebind Kumar</b>
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<b>Dr. Harsha Haridas</b>	<b>Dr. Namita Nazeer</b>	

## CALICUT PSYCHIATRIC GUILD

President	: <b>Dr. Sushil K</b>
Secretary	: <b>Dr. Dayal Narayan</b>
Treasurer	: <b>Dr. Nikhil UG</b>

## EXECUTIVE COMMITTEE MEMBERS

**Dr. Varsha Vidyadharan, Dr. K. A. Kamal Hussain, Dr. Sabu Rahiman**

## PATRONS

<b>Prof. V. V. Mohan Chandran</b>	<b>Dr. Mohammed Hassan PP</b>	<b>Prof. A. M. Kunhikoyamu</b>
<b>Dr. K.R. Balakrishnan</b>	<b>Dr. A.M. Gopalakrishnan</b>	<b>Prof. K.S. Mohan</b>
<b>Prof. K.S. Prabhavathy</b>	<b>Dr. Balanarayanan OK</b>	



## ORGANISING COMMITTEE

Organising Chairperson : **Dr. Sabu Rahiman** | Co-Chairperson : **Dr. Sushil K, Dr. OV Vasudevan**  
Organising Secretary : **Dr. Rajmohan Velayudhan**  
Assistant Secretaries : **Dr. Pranav Nair & Dr. Anu Padmanabhan**

## Scientific Committee

Chairperson : **Dr. Dayal Narayan KTP** | Co-Chairpersons : **Dr. Ashok Kumar P & Dr. Madhavadas C**  
Members : **Dr. Meenu Ramesh, Dr. Rajesh Nair, Dr. Rithwik S, Dr. Jayakrishnan Menon**

## Media and Public Program Committee

Chairperson : **Dr. P.N. Sureshkumar** | Co-Chairperson : **Dr. Varsha Vidyadharan**  
Members : **Dr. Zoheb Raj, Dr. Arun Gopalakrishnan**

## Reception Committee

Chairpersons : **Dr. Abdul Razak Kottelassal & Dr. Sarada Naveen**  
Co-chairpersons : **Dr Ashfaq U Rahman & Dr. Ramash K**  
Members : **Dr. Sinu Sathian, Dr. Gayathri Rajan, Dr. Anish PK, Dr. Tom Varghese, Dr. Atul CS**

## Sports Committee

Chairperson : **Dr. Dinesh Kumar MK, Dr. Sivadasan KK**  
Members : **Dr. Vrajesh, Dr. Dr. Biju Sunny, Dr. Aishwarya B George, Dr. Sheeba Ninan**

## Venue Committee

Chairpersons : **Dr. OV Vasudevan & Dr. Jithu VP** | Co-Chairperson : **Dr. Muraleedharan**  
Members : **Dr. Mithun Sidharthan, Dr. Nishanth J, Dr. Afeefa Moidu, Dr. Lakshmi, Dr. Radhika MK**

## Entertainment Committee

Chairpersons : **Dr. Anees Ali & Dr. Rejin K** | Co-chairperson : **Dr. Jishnu Narayan**  
Members : **Dr. Minu Jayan, Dr. Raniya Yoonus, Dr. Sadasivan VV**

## Hospitality Committee

Chairperson : **Dr. K.A. Kamal Hussain** | Co-Chairperson : **Dr. Nikhil UG & Dr. Smitha CA**  
Members : **Dr. Hani Hassan, Dr. Vivek M, Dr. Shynu Ramash**

## SPORTS AND GAMES

Shuttle Tournament : Day : Saturday, 23 August Time: 3:00-6:00 p.m.  
Cricket Tournament : Day : Sunday, 24 August Time: 7:00-10 a.m.

## SCIENTIFIC PROGRAM

### Day 1 Friday, 22 August 2025

#### 10.00 AM – 12 Noon : Public Programme

#### HALL 1

06.00 PM onwards	Registration
06.30 PM - 06.50 PM	CME inauguration
06.50 PM - 07.30 PM	Session 1 : <b>Venad Guild Young Psychiatrist Award</b>
07.30 PM - 08.20 PM	Session 2 : <b>Media and Mind- An Evolving Impact</b>
	Speaker : <b>Dr. Arun B Nair</b>
	Professor of Psychiatry, Government Medical College, Thiruvananthapuram
08.30 PM onwards	Dinner and Light Music Programme

#### HALL 2

04.00 PM - 06.00 PM	<b>UG Quiz Prelims and Finals</b> <b>Dr. Anu Padmanabhan</b> and <b>Dr. Meenu Ramesh GR</b>
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#### Board Room

04.30 PM - 06.00 PM	<b>Pre-Conference EC Meeting</b>
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DAY 2		Saturday, 23 August 2025
HALL 1		
MORNING SESSION		
09.00 AM - 09.50 AM	Session 3 :	<b>Genetics in the Management of Psychiatric Disorders: Current State of the Art and Future</b>
	Speaker :	<b>Dr. Suhas Ganesh</b> MQ Fellow, Molecular Genetics Lab, NIMHANS, Bangalore
09.50 AM - 10.40 AM	Session 4 :	<b>Functional Neuroimaging in Psychiatry: Present and Future</b>
	Speaker :	<b>Dr. John P John</b> Professor of Psychiatry, NIMHANS, Bangalore
Open Tea and Snacks from 11.15 AM - 11.45 AM		
10.40 AM - 12.00 Noon	Conference Inauguration	
12.00 Noon-01.00 PM	Session 5	<b>Panel Discussion - MHCA 2017 : Challenges and Solutions</b>
	Panellists :	<b>Dr. Ganga G Kaimal</b> Professor of Psychiatry, Govt. Medical College, Alappuzha
		<b>Dr Indu V Nair</b> , Consultant Psychiatrist, Govt. Mental Health Centre, Thiruvananthapuram
		<b>Adv. Parvathi Menon</b> - Chief Coordinator, Victims' Rights Centre, Coordinator of COPT under KeLSA
	Moderator:	<b>Dr Harish MT</b> Professor of Psychiatry, KMCT Medical College, Kozhikode
01.00 PM - 02.PM	LUNCH	
NOON SESSION		
02.00 PM - 03.30 PM	<b>Annual General Body Meeting</b>	
03.30 PM - 04.30 PM	Session 6:	<b>Ernakulam Psychiatric Society Oration: Moksha and Psychiatry</b>
	Speaker:	<b>Dr. V V Mohan Chandran</b> , Professor Emeritus, Yenepoya Medical College
04.30 PM - 05.30 PM	Session 7:	<b>Symposium - Career Tracks for Young Psychiatrists in India and Abroad</b>
	Panellists:	<b>Dr MS Reddy</b> , Director and Senior Consultant Psychiatrist, Asha Hospitals Hyderabad
		<b>Dr Joby Scaria</b> , Consultant, Devon Partnership NHS Trust, UK
		<b>Dr Biju Thomas</b> , Consultant Psychiatrist, South Metropolitan Health Services, WA. Australia
EVENING PROGRAMME		
07.30 PM - 10.30 PM	Cultural program and Banquet Dinner	
HALL 2		
03.30 PM - 05.30 PM	<b>Session 8 (Concurrent)</b> <b>Free Paper Session</b>	

HALL 1

09.00 AM - 10.30 AM	Session 9: <b>Young Psychiatrist Forum</b>
	1. <b>Precision Psychiatry: Personalising Mental Health for the Future</b> Speaker: <b>Dr. Liya Fathin Siraj</b> , Travancore Medicity Kollam
	2. <b>Treating sleeplessness: What is new?</b> Speaker: <b>Dr. Sreya Mariyam Salim</b> , Specialty Doctor, Powys Teaching Health Board, Wales, United Kingdom
	3. <b>Ketamine in Psychiatry-Evidence, Applications &amp; Future Directions</b> Speaker: <b>Dr. Divya R Nair</b> , Father Muller Medical College - Mangaluru
	4. <b>Mind Meets Machine: The Emerging Role of AI in Psychiatry</b> Speaker: <b>Dr. Nandana Muralidharan</b> , AKG Hospital, Kannur
	5. <b>Psychiatry on Instagram: Digital Identity and Professionalism</b> Speaker: <b>Dr. Akhil Das</b> , Bharat Hospital Kottayam
	6. <b>Rising Violent Crimes &amp; Mental Health: A Psychiatrist's Perspective</b> Speaker: <b>Dr. Anu Padmanabhan</b> , KMCT Medical College, Kozhikode
10.30 AM - 11.20 AM	Session 10
	<b>Computational Models of Psychosis: from Research to Reality</b> Speaker: <b>Dr. Rajeesh Krishnadas</b> Assistant Professor in Psychosis Studies, University of Cambridge, UK
11.20 AM - 12.20 PM	Session 11
	Debate: <b>Off-label prescriptions in Psychiatry- Bane or Boon?</b>
	Debaters: <b>Dr. Sheena G Soman</b> , Consultant Psychiatrist, Government Mental Health Centre, Thiruvananthapuram
	<b>Dr. Subramanian SV</b> Consultant Psychiatrist, Govt. Mental Health Centre, Thrissur
	Moderator: <b>Dr. Varghese Punnoose</b> Principal and Former HOD of Psychiatry, Government Medical College, Kottayam
12.20 PM onwards	Valedictory and lunch

HALL 2

08.30 AM - 09.30 AM	Session 12 (Concurrent)
	<b>Palakkad Guild Best PG Paper Award Session</b>
10.00 AM - 11.30 AM	Session 13 (Concurrent)
	<b>Free Paper Session</b>

SPECIAL AREA

08.30 AM - 10.30 AM	Session 14 (Concurrent)
	<b>Kollam Psychiatric Society Best Poster Award for PGs Session</b>
	<b>Free poster Session</b>



## VENAD GUILD YOUNG PSYCHIATRIST AWARD

The Kerala branch of Indian Psychiatric Society has instituted the '**Venad Guild Young Psychiatrist Award**'. The award is instituted for the best original research by a young psychiatrist aged 40 years or below. For participation send the proposal to [awardsipskerala@yahoo.com](mailto:awardsipskerala@yahoo.com) before August 8th, 2025.

### Rules For Venad Guild Young Psychiatrist Award

- The award is instituted for the best original research paper by a young psychiatrist aged 40 years or below
- All authors, including the presenting author should be members of the Indian Psychiatric Society, Kerala Chapter.
- The paper should be submitted in the format prescribed by Kerala Journal of Psychiatry.
- It should not have been presented or published elsewhere, either in part or full.
- An e-copy of the original research paper is to be submitted to the Chairman, Awards Committee of the SIPSCON.
- The manuscript will be evaluated by a panel of three judges and the floor presentation will be evaluated by another panel of three judges.
- The judges shall not be co-authors of any of the papers submitted for the award. They shall not be affiliated with the institutions from which the paper is submitted.
- The total marks will be 100. A weightage of 70% will be given to the manuscript and 30% to the floor presentation.
- Out of the 70 marks allotted for the manuscript, 20 will be for relevance of the topic, 30 for the methodology and 20 for the quality of the write-up.
- The first three papers which score the highest marks will be selected for floor presentation.
- The time allotted for floor presentation will be 8 minutes, and 2 minutes for discussion.
- Out of the 30 marks allotted for floor presentation, 10 marks each will be for the quality of the PowerPoint presentation, coherence of presentation and discussion.
- The paper which scores the highest total marks will be chosen for the Venad Guild Young Psychiatrist Award.
- The Award shall carry a cash prize of Rs. 10,000/-, which is to be divided between the co-authors.
- Certificates shall be provided to all the participants.
- For redressal of any grievances, the participants can address complaints to the President, IPS-Kerala Chapter.
- If submitted to the Kerala Journal of Psychiatry, the award paper will be accepted for publication in the journal after an editorial review.

## PALAKKAD GUILD BEST PSYCHIATRY PG PAPER AWARD

Manuscripts for the Palakkad Guild PG Award are invited. Soft copies should be sent via email to [awardsipskerala@yahoo.com](mailto:awardsipskerala@yahoo.com). The last date of submission of the manuscript will be on or before August 8th, 2025. Details of the award paper had already been sent to the heads of all the academic institutions in the State.

## KOLLAM PSYCHIATRIC SOCIETY BEST POSTER AWARD FOR POST GRADUATES

Free papers and posters for Kerala Branch of Indian Psychiatric Society members are also invited. A structured abstract with a word limit of 300 words is to be sent to [awardsipskerala@yahoo.com](mailto:awardsipskerala@yahoo.com). The best poster will be given Kollam Psychiatric Guild Best Poster Award. The last date of submission will be August 15th, 2025.

## IPS QUIZ FOR UNDERGRADUATES

The Annual Quiz Competition for Undergraduates is proposed to be held on Friday, August 22, 2025, at the Tiara Hotel, Kozhikode. After the college-level Quiz Competition each college will send a 2-member team for the finals. The team selected should be informed to the Organizing Committee by August 14th, 2025. The teams will have to bear the travel costs, and six teams will enter the grand finale after the elimination round. The three Quiz winners will receive their certificates and cash prizes during the Conference inauguration on August 23rd.

The winners will be provided with overnight accommodation on a case-by-case basis.



## REGISTRATION FEES (Inclusive of 18% GST)

CATEGORY	Till August 15	Late & Spot
Kerala IPS Member	<b>7080</b> (6000+GST)	<b>8260</b> (7000+GST)
IPS Member	<b>8260</b> (7000+GST)	<b>9440</b> (8000+GST)
Non IPS Member	<b>9440</b> (8000+GST)	<b>10620</b> (9000+GST)
PG Student-KSB Member	<b>4720</b> (4000+GST)	<b>5900</b> (5000+GST)
Non-IPS PG Student	<b>5900</b> (5000+GST)	<b>7080</b> (6000+GST)
Accompanying Person	<b>3540</b> (3000+GST)	<b>4720</b> (4000+GST)
Senior Members >65 years	<b>FREE (Members Only)</b>	<b>4130</b> (3500+GST)

For registration visit : [www.sipscon2025.com](http://www.sipscon2025.com)